

# **INTEGRATION TRAINING**

Moving to Finland can be quite an experience. Adapting to a new environment takes time – we want to make the transition easier and help you find your place in Finland. In addition to language learning, we support you in managing everyday life in Finland and in taking steps toward employment or further studies. Arffman has been providing integration training across Finland since 1999.

#### IN INTEGRATION TRAINING

- You are learning Finnish or Swedish
- You meet the teacher and your group every weekday
- You learn working life and social skills
- You get to know different professions and education options
- You learn Finnish or Swedish at work (on-the-job learning period)
- You will receive personal guidance
- You will apply for further education and jobs

### **DURATION**

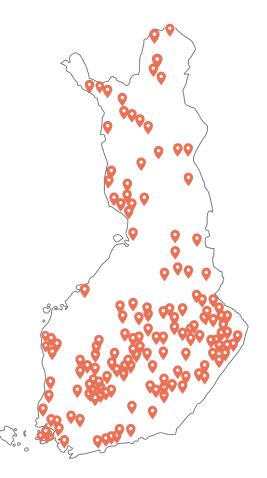
The training lasts 4-12 months.

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The training is delivered face-to-face, online, or as a combination of both. You can participate in online training from anywhere using a computer. In our online training, you will receive real-time teaching with a teacher and your own study group present.

#### **REGISTRATION FOR TRAINING:**

- 1. Register as a job seeker at the Employment services (www.tyomarkkinatori.fi)
- 2. Tell about your interest in studying in integration training.



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